

This episode is a little bit different since we recorded it live in front of an audience with the amazing [Nisha Katona](#), founder and CEO of [Mowgli Street Food](#). If you're watching you'll catch glimpses of the audience and a little bit of interaction. If you're listening, you might miss one or two gestures (e.g. where Nisha talks about a pile of paperwork being 'this big' and shows with her hands) but you'll still be able to follow the conversation with ease.

If you're curious about some of the stats we discussed, particularly about the hospitality sector, here are some great sources:

- [UK Hospitality](#) has loads of sector stats that I found super interesting
- I used the Resolution Foundation's [Economy 2030 report](#) for all the info about how much hospitality we consume in the UK vs the rest of Europe AND for data on what features of a job people value more than a payrise. This report is worth reading.
- The [CIPD](#) is also an excellent source of sector information, and it was my go-to for churn data
- If you felt inspired by Nisha and now *you* want a job at Mowgli, here's their [careers](#) page.
- If you're an HR leader or running a business I also recommend reading up on the guiding principles from the [Good Jobs Institute](#). It's a US-based organisation, but the foundations they recommend hold up in any market.

Finally, we've supported the [Mowgli Trust](#) for this episode. Check out the great work they do.

Ps - If you want to be in the audience the next time we record a live episode, subscribe to the [Finwell Forum Community](#).