

A huge thank you to my guest Nye Cominetti, Principal Economist at the Resolution Foundation for coming on to talk about all things related to the Real Living Wage.

Here are some links to the research, reports and organisations we covered on the show:

- [Living Wage Foundation](#) - for more information about what they do, how to become accredited and the current 'real' living wage.
- [Resolution Foundation](#) - find even more research on living standards and labour markets. Bonus: I highly recommend signing up to their *Top of the Charts* Friday wrap up newsletter. It's short, punchy and very, very topical.
- Report: [20 years of the National Minimum Wage](#) gives a history of the minimum wage as a policy intervention, plus how (and who) it has helped.
- Report: [Calculating the Real Living Wage for London and the rest of the UK: 2023](#) steps through the methodology that Nye and his colleagues use to calculate the Real Living Wage. Get more detail about the household compositions, the shock absorber, and the interaction with the benefits system. Check out the data tables at the end to do your own analysis like I did!
- Report: [Check out the household budgets](#) that drive the Minimum Income Standard. Flick through one of the budgets to get an appreciation of the detail that goes into calculating the Real Living Wage.
- Report: [Low Pay Commission Report 2023](#) sets out the evidence the government relies on to set the National Living Wage and National Minimum Wage rates.
- Latest government [minimum wage rates](#) effective April 2024.

Finally, we didn't cover it in the episode, but the [Low Pay Britain 2023](#) report by Nye and his colleagues at Resolution Foundation is a cracking read and I highly recommend it.